

Montag , 09.06

10:00 - 11:00

Les Mills Bodypump
Sonja

Dienstag , 10.06

09:15 - 10:15

Les Mills Bodypump
Barbara

12:05 - 13:05

Les Mills Bodypump
Tatiana

18:20 - 19:15

*BBP (Bauch, Beine, Po) /
Bodytone*
Melanie

Mittwoch , 11.06

09:00 - 10:00

Pilates
Caroline

12:05 - 12:35

Les Mills CORE
Sonja

12:35 - 13:05

Les Mills Grit
Sonja

18:00 - 19:00

Les Mills Bodypump
Eszter

19:15 - 20:10

Pilates
Bettina

Donnerstag , 12.06

12:05 - 13:00

Pilates
Sonja

18:30 - 19:30

Martial Art Fit
Dirk

19:40 - 20:35

Faszien Yoga
Sonia

Freitag , 13.06

09:00 - 09:55

Faszien-Training
Carole

12:05 - 13:05

Les Mills Bodypump
Elena

Samstag , 14.06

09:30 - 10:30

Les Mills Bodypump
Eszter

Sonntag , 15.06

10:00 - 11:00

Les Mills Bodypump
Sonja