

**Montag , 21.07**

**09:15 - 10:10**

*Dance Aerobic / Dance Mix*  
Monica

**10:15 - 11:10**

*Pilates*  
Monica

**19:00 - 19:55**

*Zumba*  
Eliane

**Dienstag , 22.07**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Monica

**10:00 - 10:55**

*Rückenfit*  
Monica

**Mittwoch , 23.07**

**10:15 - 11:10**

*Pilates*  
Daniela

**19:00 - 19:55**

*Zumba*  
Beatriz

**Donnerstag , 24.07**

**08:30 - 08:55**

*P.I.I.T*  
Monica

**09:05 - 10:00**

*Rückenfit*  
Nicole

**Freitag , 25.07**

**09:15 - 10:10**

*Zumba*  
Andrea

**Samstag , 26.07**

**Sonntag , 27.07**