

Montag , 14.04

09:15 - 10:10

*Dance Aerobic / Dance
Mix*
Monica

10:15 - 11:10

Pilates
Monica

19:00 - 19:55

Zumba
Eliane

Dienstag , 15.04

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monica

10:00 - 10:55

Rückenfit
Monica

Mittwoch , 16.04

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Donnerstag , 17.04

08:30 - 09:00

P.I.I.T
Monica

09:00 - 09:55

Rückenfit
Nicole

Freitag , 18.04

Samstag , 19.04

Sonntag , 20.04