

Montag , 17.03

09:15 - 10:10

Dance Aerobic / Dance Mix
Monica

10:15 - 11:10

Pilates
Monica

19:00 - 19:55

Zumba
Eliane

Dienstag , 18.03

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Monica

10:00 - 10:55

Rückenfit
Monica

Mittwoch , 19.03

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Donnerstag , 20.03

08:30 - 09:00

P.I.I.T
Team

09:00 - 09:55

Rückenfit
Nicole

Freitag , 21.03

09:15 - 10:10

Zumba
Andrea

Samstag , 22.03

Sonntag , 23.03