

Montag , 03.03

09:15 - 10:10

*Dance Aerobic / Dance
Mix*
Monica

10:15 - 11:10

Pilates
Monica

19:00 - 19:55

Zumba
Eliane

Dienstag , 04.03

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monica

10:00 - 10:55

Rückenfit
Monica

Mittwoch , 05.03

10:15 - 11:10

Pilates
Monica

19:00 - 19:55

Zumba
Beatriz

Donnerstag , 06.03

08:30 - 09:00

P.I.I.T
Monica

Freitag , 07.03

09:15 - 10:10

Zumba
Andrea

Samstag , 08.03

Sonntag , 09.03