

Montag , 25.11

19:00 - 19:55

Zumba
Eliane

Dienstag , 26.11

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monica

10:00 - 10:55

Rückenfit
Monica

Mittwoch , 27.11

08:45 - 09:30

Bodyworkout
Monica

09:30 - 10:15

Interval Training
Monica

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Donnerstag , 28.11

09:00 - 09:55

Rückenfit
Nicole

Freitag , 29.11

09:15 - 10:10

Zumba
Andrea

Samstag , 30.11

Sonntag , 01.12