

Montag , 20.05

Dienstag , 21.05

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Monica

**10:00 - 10:55**

*Rückenfit*  
Monica

**18:00 - 18:55**

*Yoga*  
Lei Rae

**19:45 - 20:40**

*Pump*  
Mengia Maria

Mittwoch , 22.05

**08:45 - 09:30**

*Bodyworkout*  
Monica

**09:30 - 10:15**

*Interval Training*  
Monica

**10:15 - 11:10**

*Pilates*  
Daniela

**19:00 - 19:55**

*Zumba*  
Beatriz

Donnerstag , 23.05

**09:00 - 09:55**

*Rückenfit*  
Nicole

Freitag , 24.05

**09:15 - 10:10**

*Zumba*  
Andrea

Samstag , 25.05

Sonntag , 26.05