

Montag , 01.04

Dienstag , 02.04

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Monica

10:00 - 10:55

Rückenfit
Monica

18:00 - 18:55

Yoga
Lei Rae

19:45 - 20:40

Pump
Mengia Maria

Mittwoch , 03.04

08:45 - 09:25

Bodyworkout
Monica

09:30 - 10:15

Interval Training
Monica

10:15 - 11:10

Pilates
Daniela

19:00 - 19:55

Zumba
Beatriz

Donnerstag , 04.04

09:00 - 09:55

Rückenfit
Nicole

Freitag , 05.04

09:15 - 10:10

Zumba
Eliane

Samstag , 06.04

Sonntag , 07.04