

Montag , 10.03

09:00 - 09:55 <i>Herzgruppe</i> Andrea	09:15 - 10:10 <i>Fit Gym</i> Cynthia	10:30 - 11:25 <i>Physio Fit</i> Team	10:30 - 11:25 <i>Herzgruppe</i> Andrea
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Dienstag , 11.03

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	14:00 - 14:55 <i>Herzgruppe</i> Andrea
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Mittwoch , 12.03

Donnerstag , 13.03

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	12:15 - 13:00 <i>TRX</i> Jerom	14:00 - 14:55 <i>Herzgruppe</i> Andrea
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Freitag , 14.03

10:00 - 10:55 <i>Fit Gym</i> Petra	12:15 - 13:00 <i>Pump</i> Nicolle	18:00 - 18:55 <i>Functional Workout</i> Emanuele
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Samstag , 15.03

09:30 - 10:25 <i>Zumba</i> Idalmis	10:00 - 10:55 <i>Functional Workout</i> Emanuele	10:45 - 11:40 <i>Yoga</i> Tanja
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Sonntag , 16.03

09:30 - 10:25 <i>Cycling</i> Kathrin	10:45 - 11:40 <i>Pump</i> Bärbel
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