

Montag , 30.12

09:15 - 10:10 <i>Pilates</i> Cynthia	10:30 - 11:25 <i>Physio Fit</i> Team	12:15 - 13:00 <i>BBP Special</i> Petra	18:00 - 18:55 <i>Yoga</i> Regine	18:00 - 18:55 <i>Functional Workout</i> Fabienne	19:00 - 19:55 <i>Herzgruppe</i> Fabienne
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Dienstag , 31.12

Mittwoch , 01.01

Donnerstag , 02.01

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	12:15 - 13:00 <i>TRX</i> Jerom	14:00 - 14:55 <i>Herzgruppe</i> Andrea
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Freitag , 03.01

10:00 - 10:55 <i>Fit Gym</i> Petra	12:15 - 13:00 <i>Pump</i> Nicolle	18:00 - 18:55 <i>Functional Workout</i> Raphael
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Samstag , 04.01

09:30 - 10:25 <i>Zumba</i> Jady	10:00 - 10:55 <i>Functional Workout</i> Jacqueline	10:45 - 11:40 <i>Yoga</i> Tanja
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Sonntag , 05.01

09:30 - 10:25 <i>Cycling</i> Peter
