

Montag , 26.08

09:15 - 10:10

Pilates
Cynthia

10:30 - 11:25

Physio Fit
Team

12:15 - 13:00

*BBP (Bauch,
Beine, Po) /
Bodytone*
Petra

18:00 - 18:55

Yoga
Regine

18:00 - 18:55

Functional Workout
Fabienne

19:00 - 19:55

Herzgruppe
Fabienne

Dienstag , 27.08

12:15 - 13:00

Cycling
Roberto

18:00 - 18:55

Cycling
Petra

19:15 - 20:10

Pilates
Isabelle

Mittwoch , 28.08

09:10 - 10:05

Yoga
Laura

12:15 - 13:00

Pump
Bärbel

18:00 - 18:55

Functional Workout
Raphael

19:00 - 19:55

Functional Workout
Raphael

Donnerstag , 29.08

12:15 - 13:00

TRX
Emanuele

Freitag , 30.08

10:00 - 10:45

Fit Gym
Petra

12:15 - 13:00

Pump
Nicolle

18:00 - 18:55

Functional Workout
Raphael

Samstag , 31.08

09:30 - 10:25

Zumba
Idalmis

10:00 - 10:55

Functional Workout
Jacqueline

Sonntag , 01.09

09:30 - 10:25

Cycling
Peter