

Montag , 24.06

09:00 - 09:55 Herzgruppe Andrea	09:15 - 10:10 Pilates Cynthia	10:30 - 11:25 Physio Fit Team	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Jerom	18:00 - 18:55 Functional Workout Lorna	18:00 - 18:55 Yoga Regine	19:00 - 19:55 Herzgruppe Fabienne
--	--	--	--	--	--	--	--

Dienstag , 25.06

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 Cycling Peter	12:15 - 13:00 TRX Jerom	14:00 - 14:55 Herzgruppe Andrea	18:00 - 18:55 Cycling Manuel	19:15 - 19:55 Pilates Ines
--	--	--	--	--------------------------------------	--	---	---

Mittwoch , 26.06

09:10 - 10:05 Yoga Laura	12:15 - 13:00 Pump Bärbel	18:00 - 18:55 Functional Workout David	19:00 - 19:55 Functional Workout David
---------------------------------------	--	---	---

Donnerstag , 27.06

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 TRX David	14:00 - 14:55 Herzgruppe Andrea
--	--	--	--------------------------------------	--

Freitag , 28.06

10:00 - 10:45 Fit Gym Jerom	12:15 - 13:00 Pump Nicolle	18:00 - 18:55 Functional Workout Emanuele
--	---	--

Samstag , 29.06

09:30 - 10:25 Zumba Idalmis	10:00 - 10:55 Functional Workout Fabienne	10:45 - 11:40 Yoga Ines
--	--	--------------------------------------

Sonntag , 30.06

09:30 - 10:25 Cycling Kathrin	10:45 - 11:40 Pump Bärbel
--	--