

Montag , 19.02

09:00 - 09:55 <i>Herzgruppe</i> Andrea	09:15 - 10:10 <i>Pilates</i> Cynthia	10:30 - 11:25 <i>Physio Fit</i> Team	10:30 - 11:25 <i>Herzgruppe</i> Andrea	12:15 - 13:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Petra	19:00 - 19:55 <i>Herzgruppe</i> Fabienne
---	---	---	---	---	---

Dienstag , 20.02

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	12:15 - 13:00 <i>Cycling</i> Petra	14:00 - 14:55 <i>Herzgruppe</i> Andrea
---	---	---	---	---

Mittwoch , 21.02

09:10 - 10:05 <i>Yoga</i> Laura
--

Donnerstag , 22.02

08:00 - 08:55 <i>Herzgruppe</i> Andrea	09:00 - 09:55 <i>Herzgruppe</i> Andrea	10:30 - 11:25 <i>Herzgruppe</i> Andrea	12:15 - 13:00 <i>TRX</i> David	14:00 - 14:55 <i>Herzgruppe</i> Andrea
---	---	---	---	---

Freitag , 23.02

10:00 - 10:45 <i>Fit Gym</i> Petra	12:15 - 13:00 <i>Pump</i> Nicolle	18:00 - 18:55 <i>Functional Workout</i> Jerom
---	--	--

Samstag , 24.02

09:30 - 10:25 <i>Zumba</i> Idalmis	10:00 - 10:55 <i>Functional Workout</i> Jacqueline	10:45 - 11:40 <i>Yoga</i> Sonja
---	---	--

Sonntag , 25.02

09:30 - 10:25 <i>Cycling</i> Kathrin	10:45 - 11:40 <i>Pump</i> Bärbel
---	---