

Montag , 12.02

09:00 - 09:55 Herzgruppe Andrea	09:15 - 10:10 Pilates Cynthia	10:30 - 11:25 Herzgruppe Andrea	10:30 - 11:25 Physio Fit Team	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Petra	18:00 - 18:55 Functional Workout Lorna	18:00 - 18:55 Yoga Vivian	19:00 - 19:55 Herzgruppe Fabienne
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Dienstag , 13.02

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 Cycling Roberto	14:00 - 14:55 Herzgruppe Andrea	18:00 - 18:55 Cycling Petra	19:00 - 19:55 TRX Emanuele	19:15 - 20:00 Pilates Ines
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Mittwoch , 14.02

09:10 - 10:05 Yoga Laura	12:15 - 13:00 Pump Bärbel	18:00 - 18:55 Functional Workout Raphael
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Donnerstag , 15.02

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 TRX David	14:00 - 14:55 Herzgruppe Andrea
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Freitag , 16.02

10:00 - 10:45 Fit Gym Petra	12:15 - 13:00 Pump Nicolle	18:00 - 18:55 Functional Workout Raphael
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Samstag , 17.02

10:00 - 10:55 Functional Workout Fabienne	10:45 - 11:40 Yoga Sonja
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Sonntag , 18.02

09:30 - 10:25 Cycling Petra	10:45 - 11:40 Pump Nicolle
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