

Montag , 15.01

09:00 - 09:55 Herzgruppe Andrea	09:15 - 10:10 Pilates Cynthia	10:30 - 11:25 Physio Fit Team	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Petra	18:00 - 18:55 Functional Workout Lorna	18:00 - 18:55 Yoga Regine	19:00 - 19:55 Herzgruppe Fabienne
----------------------------------------------	--------------------------------------------	--------------------------------------------	----------------------------------------------	--------------------------------------------------------------------------	--------------------------------------------------------	----------------------------------------	------------------------------------------------

Dienstag , 16.01

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 Cycling Roberto	14:00 - 14:55 Herzgruppe Andrea	18:00 - 18:55 Cycling Petra	19:00 - 19:55 TRX Jerom	19:15 - 20:00 Pilates Ines
----------------------------------------------	----------------------------------------------	----------------------------------------------	--------------------------------------------	----------------------------------------------	------------------------------------------	--------------------------------------	-----------------------------------------

Mittwoch , 17.01

09:10 - 10:05 Yoga Laura	12:15 - 13:00 Pump Bärbel	18:00 - 18:55 Functional Workout Raphael
---------------------------------------	----------------------------------------	-------------------------------------------------------

Donnerstag , 18.01

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 TRX David	14:00 - 14:55 Herzgruppe Andrea
----------------------------------------------	----------------------------------------------	----------------------------------------------	--------------------------------------	----------------------------------------------

Freitag , 19.01

10:00 - 10:45 Fit Gym Petra	12:15 - 13:00 Pump Nicolle	18:00 - 18:55 Functional Workout Raphael
------------------------------------------	-----------------------------------------	-------------------------------------------------------

Samstag , 20.01

09:30 - 10:25 Zumba Idalmis	10:00 - 10:55 Functional Workout Lorna	10:45 - 11:40 Yoga Ines
------------------------------------------	-----------------------------------------------------	--------------------------------------

Sonntag , 21.01

09:30 - 10:25 Cycling Manuel	10:45 - 11:40 Pump Jacqueline
-------------------------------------------	--------------------------------------------