

**Montag , 25.12**

**10:30 - 11:15**

*Physio Fit*  
Team

**19:00 - 19:55**

*Herzgruppe*  
Andrea

**Dienstag , 26.12**

**Mittwoch , 27.12**

**09:10 - 10:05**

*Yoga*  
Sandra

**12:15 - 13:00**

*Pump*  
Bärbel

**18:00 - 18:55**

*Functional Workout*  
Raphael

**Donnerstag , 28.12**

**12:15 - 13:00**

*TRX*  
David

**Freitag , 29.12**

**10:00 - 10:45**

*Fit Gym*  
Petra

**12:15 - 13:00**

*Pump*  
Nicolle

**18:00 - 18:55**

*Functional Workout*  
Raphael

**Samstag , 30.12**

**09:30 - 10:25**

*Zumba*  
Idalmis

**10:45 - 11:40**

*Yoga*  
Fabienne

**12:30 - 13:25**

*Cycling Special*  
Kathrin

**13:30 - 14:25**

*Cycling Special*  
Petra

**Sonntag , 31.12**

**09:30 - 10:25**

*Cycling*  
Petra