

Montag , 27.11

09:15 - 10:10 <i>Pilates</i> Sonja	10:30 - 11:15 <i>Physio Fit</i> Team	12:15 - 13:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Petra	18:00 - 18:55 <i>Functional Workout</i> Fabienne	18:00 - 18:55 <i>Yoga</i> Sunethra	19:00 - 19:55 <i>Herzgruppe</i> Fabienne
---	---	---	---	---	---

Dienstag , 28.11

12:15 - 13:00 <i>Cycling</i> Petra	18:00 - 18:55 <i>Cycling</i> Laura	18:00 - 18:55 <i>TRX</i> Jerom	19:15 - 20:10 <i>Pilates</i> Ines
---	---	---	--

Mittwoch , 29.11

09:10 - 10:05 <i>Yoga</i> Susan	12:15 - 13:00 <i>Pump</i> Bärbel	18:00 - 18:55 <i>Functional Workout</i> Raphael
--	---	--

Donnerstag , 30.11

12:15 - 13:00 <i>TRX</i> Raphael

Freitag , 01.12

10:00 - 10:45 <i>Fit Gym</i> Petra	12:15 - 13:00 <i>Pump</i> Nicolle	18:00 - 18:55 <i>Functional Workout</i> Raphael
---	--	--

Samstag , 02.12

09:30 - 10:25 <i>Zumba</i> Idalmis	10:00 - 10:55 <i>Functional Workout</i> Jacqueline	10:45 - 11:40 <i>Yoga</i> Ines
---	---	---

Sonntag , 03.12