

**Montag , 21.08**

<b>09:15 - 10:10</b> <i>Pilates</i> Cynthia	<b>10:30 - 11:15</b> <i>Physio Fit</i> Marie	<b>12:15 - 13:00</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Petra	<b>18:00 - 18:55</b> <i>Functional Workout</i> Fabienne	<b>18:00 - 18:55</b> <i>Yoga</i> Regine	<b>19:00 - 19:55</b> <i>Herzgruppe</i> Andrea
---	--	---	---	---	---

**Dienstag , 22.08**

<b>12:15 - 13:00</b> <i>Cycling</i> Petra	<b>14:00 - 14:55</b> <i>Herzgruppe</i> Andrea	<b>18:00 - 18:55</b> <i>TRX</i> Jerom	<b>18:00 - 18:55</b> <i>Cycling</i> Laura	<b>19:15 - 20:10</b> <i>Pilates</i> Ines
---	---	---	---	--

**Mittwoch , 23.08**

<b>09:00 - 09:55</b> <i>Herzgruppe</i> Andrea	<b>09:10 - 10:05</b> <i>Yoga</i> Susan	<b>10:30 - 11:15</b> <i>Physio Fit</i> Marie	<b>12:15 - 13:00</b> <i>Pump</i> Bärbel	<b>18:00 - 18:55</b> <i>Functional Workout</i> Raphael
---	--	--	---	--

**Donnerstag , 24.08**

<b>12:15 - 13:00</b> <i>TRX</i> Raphael
---

**Freitag , 25.08**

<b>10:00 - 10:45</b> <i>Fit Gym</i> Jerom	<b>12:15 - 13:00</b> <i>Pump</i> Nicolle	<b>18:00 - 18:55</b> <i>Functional Workout</i> Raphael
---	--	--

**Samstag , 26.08**

<b>09:30 - 10:25</b> <i>Zumba</i> Idalmis	<b>10:00 - 10:55</b> <i>Full Body Workout</i> Jacqueline	<b>10:45 - 11:40</b> <i>Yoga</i> Pia
---	--	--

**Sonntag , 27.08**

<b>09:30 - 10:25</b> <i>Cycling</i> Peter	<b>10:45 - 11:40</b> <i>Pump</i> Bärbel
---	---