

Montag , 24.07

09:00 - 09:55 Herzgruppe Andrea	09:15 - 10:10 Pilates Cynthia	10:30 - 11:25 Herzgruppe Andrea	10:30 - 11:15 Physio Fit Marie	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Petra	18:00 - 18:55 Yoga Regine	18:00 - 18:55 Functional Workout Raphael	19:00 - 19:45 Herzgruppe Fabienn
--	--	--	---	--	--	--	---

Dienstag , 25.07

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 Cycling Petra	14:00 - 14:55 Herzgruppe Andrea	18:00 - 18:55 Cycling Laura	19:15 - 20:10 Pilates Ines
--	--	--	--	--	--	---

Mittwoch , 26.07

09:00 - 09:55 Herzgruppe Andrea	09:10 - 10:05 Yoga Susan	10:30 - 11:15 Physio Fit Marie	12:15 - 13:00 Pump Bärbel	18:00 - 18:55 Functional Workout Raphael
--	---------------------------------------	---	--	---

Donnerstag , 27.07

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 TRX David	14:00 - 14:55 Herzgruppe Andrea
--	--	--	--------------------------------------	--

Freitag , 28.07

10:00 - 10:45 Fit Gym Petra	12:15 - 13:00 Pump Nicolle	18:00 - 18:55 Functional Workout Raphael
--	---	---

Samstag , 29.07

09:30 - 10:25 Zumba Pia	10:45 - 11:40 Yoga Pia
--------------------------------------	-------------------------------------

Sonntag , 30.07

09:30 - 10:25 Cycling Petra	10:45 - 11:40 Pump Graziella
--	---