

Montag , 17.07

09:00 - 09:55 Herzgruppe Andrea	09:15 - 10:10 Pilates Cynthia	10:30 - 11:15 Physio Fit Marie	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 BBP (Bauch, Beine, Po) / Bodytone Petra	18:00 - 18:55 Yoga Laura	18:00 - 18:55 Functional Workout Fabienne	19:00 - 19:45 Herzgruppe Fabienne
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Dienstag , 18.07

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	12:15 - 13:00 Cycling Roberto	14:00 - 14:55 Herzgruppe Andrea	18:00 - 18:55 Cycling Petra	19:15 - 20:10 Pilates Ines
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Mittwoch , 19.07

09:00 - 09:55 Herzgruppe Andrea	09:10 - 10:05 Yoga Laura	10:30 - 11:15 Physio Fit Marie	12:15 - 13:00 Pump Jacqueline	18:00 - 18:55 Functional Workout Raphael
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Donnerstag , 20.07

08:00 - 08:55 Herzgruppe Andrea	09:00 - 09:55 Herzgruppe Andrea	10:30 - 11:25 Herzgruppe Andrea	14:00 - 14:55 Herzgruppe Andrea
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Freitag , 21.07

10:00 - 10:45 Fit Gym Petra	12:15 - 13:00 Pump Nicolle	18:00 - 18:55 Functional Workout Raphael
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Samstag , 22.07

09:30 - 10:25 Zumba Pia	10:00 - 10:55 Full Body Workout Fabienne	10:45 - 11:40 Yoga Pia
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Sonntag , 23.07

09:30 - 10:25 Cycling Kathrin
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