

Montag , 10.04

Dienstag , 11.04

<b>08:00 - 08:55</b> Herzgruppe Andrea	<b>09:00 - 09:55</b> Herzgruppe Andrea	<b>10:30 - 11:25</b> Herzgruppe Andrea	<b>12:15 - 13:00</b> Cycling Roberto	<b>14:00 - 14:55</b> Herzgruppe Andrea	<b>17:30 - 18:25</b> Functional Workout Marie	<b>18:00 - 18:55</b> Cycling Petra	<b>19:15 - 19:45</b> Pilates Team
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Mittwoch , 12.04

<b>09:00 - 09:55</b> Herzgruppe Andrea	<b>09:10 - 10:05</b> Yoga Susan	<b>10:30 - 11:15</b> Physio Fit Marie	<b>12:15 - 13:00</b> Pump Bärbel	<b>18:00 - 18:55</b> Full Body Workout Raphael
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Donnerstag , 13.04

<b>08:00 - 08:55</b> Herzgruppe Andrea	<b>09:00 - 09:55</b> Herzgruppe Andrea	<b>10:30 - 11:25</b> Herzgruppe Andrea	<b>12:15 - 13:00</b> TRX Marie	<b>14:00 - 14:55</b> Herzgruppe Andrea
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Freitag , 14.04

<b>09:15 - 10:10</b> Yoga Xi	<b>10:00 - 10:45</b> Gym Senior Petra	<b>12:15 - 13:00</b> Pump Nicolle	<b>18:00 - 18:55</b> Functional Workout Ivan Arturo
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Samstag , 15.04

<b>09:30 - 10:25</b> Zumba Idalmis	<b>10:00 - 10:55</b> Full Body Workout Lorna	<b>10:45 - 11:40</b> Yoga Ines
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Sonntag , 16.04

<b>09:30 - 10:25</b> Cycling Kathrin	<b>10:45 - 11:40</b> Pump Bärbel
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