

**Montag , 20.03**

<b>10:30 - 11:15</b> <i>Physio Fit</i> Marie	<b>12:15 - 13:00</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Petra	<b>18:00 - 18:55</b> <i>Yoga</i> Team	<b>18:00 - 18:55</b> <i>Functional Workout</i> Team
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**Dienstag , 21.03**

<b>12:15 - 13:00</b> <i>Cycling</i> Petra	<b>17:30 - 18:25</b> <i>Functional Workout</i> Team	<b>18:00 - 18:55</b> <i>Cycling</i> Team	<b>19:15 - 20:10</b> <i>Pilates</i> Team
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**Mittwoch , 22.03**

<b>09:10 - 10:05</b> <i>Yoga</i> Team	<b>10:30 - 11:15</b> <i>Physio Fit</i> Marie	<b>12:15 - 13:00</b> <i>Pump</i> Bärbel	<b>18:00 - 18:55</b> <i>Full Body Workout</i> Raphael
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**Donnerstag , 23.03**

<b>12:15 - 13:00</b> <i>TRX</i> Marie	<b>18:00 - 18:45</b> <i>Core Training</i> Ivan Arturo
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**Freitag , 24.03**

<b>09:15 - 10:10</b> <i>Yoga</i> Xi	<b>10:00 - 10:45</b> <i>Gym Senior</i> Petra	<b>12:15 - 13:00</b> <i>Pump</i> Team	<b>18:00 - 18:55</b> <i>Functional Workout</i> Ivan Arturo
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**Samstag , 25.03**

<b>09:30 - 10:25</b> <i>Zumba</i> Idalmis	<b>10:00 - 10:55</b> <i>Full Body Workout</i> Fabienne	<b>10:45 - 11:40</b> <i>Yoga</i> Xi
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**Sonntag , 26.03**

<b>09:30 - 10:25</b> <i>Cycling</i> Team	<b>10:45 - 11:40</b> <i>Pump</i> Bärbel
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