

Montag , 25.11

17:30 - 18:00

Simply Core
Fabienne

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Dienstag , 26.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mittwoch , 27.11

17:30 - 18:00

P.I.I.T
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Donnerstag , 28.11

12:15 - 12:45

P.I.I.T
Priska

18:00 - 18:55

Zumba
Jady

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Freitag , 29.11

17:30 - 18:25

Functional Workout
Luana

Samstag , 30.11

10:00 - 10:55

Pump
Graziella

Sonntag , 01.12