

Montag , 18.11

17:30 - 18:00

Simply Core
Fabienne

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Fabienne

Dienstag , 19.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Mittwoch , 20.11

17:30 - 18:00

P.I.I.T
Naima

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Naima

Donnerstag , 21.11

12:15 - 12:45

P.I.I.T
Priska

18:00 - 18:55

Zumba
Jady

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jady

Freitag , 22.11

17:30 - 18:25

Functional Workout
Bianca

Samstag , 23.11

10:00 - 10:55

Pump
Graziella

Sonntag , 24.11