

Montag , 17.03

09:05 - 10:00 <i>Pilates</i> Cordelia	10:10 - 11:05 <i>Pilates</i> Cordelia	18:00 - 18:55 <i>TRX</i> Monika	19:15 - 20:10 <i>TRX</i> Monika
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Dienstag , 18.03

18:00 - 18:55 <i>Pilates</i> Claudia	19:30 - 20:25 <i>Pump</i> Nicole
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Mittwoch , 19.03

09:15 - 10:10 <i>TRX</i> Marc	18:45 - 19:40 <i>Sypoba BodyBalance</i> Sandra
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Donnerstag , 20.03

09:05 - 10:00 <i>Pilates</i> Melanie	10:10 - 11:05 <i>Pilates</i> Melanie	18:00 - 18:55 <i>TRX</i> Monika	19:10 - 20:05 <i>TRX</i> Monika
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Freitag , 21.03

09:15 - 10:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea
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Samstag , 22.03

09:30 - 10:25 <i>Pump</i> Ursi

Sonntag , 23.03