

Montag , 03.03

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 04.03

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mittwoch , 05.03

09:15 - 10:10

TRX
Marc

18:45 - 19:40

Sypoba BodyBalance
Beat

Donnerstag , 06.03

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 07.03

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samstag , 08.03

09:30 - 10:25

Pump
Nicole

Sonntag , 09.03