

Montag , 02.12

09:05 - 10:00

Pilates
Melanie

10:10 - 11:05

Pilates
Melanie

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 03.12

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mittwoch , 04.12

09:15 - 10:10

TRX
Marc

18:50 - 19:45

Syoba BodyBalance
Ilona

Donnerstag , 05.12

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Adam

19:10 - 20:05

TRX
Adam

Freitag , 06.12

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samstag , 07.12

09:30 - 10:25

Pump
Nicole

Sonntag , 08.12