

Montag , 07.10

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

Dienstag , 08.10

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mittwoch , 09.10

Donnerstag , 10.10

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 11.10

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samstag , 12.10

09:30 - 10:25

Pump
Nicole

Sonntag , 13.10