

Montag , 20.05

Dienstag , 21.05

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mittwoch , 22.05

09:15 - 10:10

TRX
Marc

18:50 - 19:45

Sypoba
Beat

Donnerstag , 23.05

09:05 - 10:00

Pilates
Silvana

10:10 - 11:05

Pilates
Silvana

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 24.05

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

18:30 - 19:25

Pump
Nicole

Samstag , 25.05

Sonntag , 26.05