

### Montag , 06.05

**09:05 - 10:00**

*Pilates*  
Silvana

**10:10 - 11:05**

*Pilates*  
Silvana

**18:00 - 18:55**

*TRX*  
Marc

**20:05 - 21:00**

*TRX*  
Marc

### Dienstag , 07.05

**19:30 - 20:25**

*Pump*  
Nicole

### Mittwoch , 08.05

**09:15 - 10:10**

*TRX*  
Marc

**18:50 - 19:45**

*Sypoba*  
Beat

### Donnerstag , 09.05

### Freitag , 10.05

**18:30 - 19:25**

*Pump*  
Nicole

### Samstag , 11.05

### Sonntag , 12.05