

Montag , 01.04

Dienstag , 02.04

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mittwoch , 03.04

09:15 - 10:10

TRX
Marc

18:50 - 19:45

Sypoba
Ilona

Donnerstag , 04.04

09:05 - 10:00

Pilates
Silvana

10:10 - 11:05

Pilates
Silvana

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 05.04

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Claudia

18:30 - 19:25

Pump
Nicole

Samstag , 06.04

Sonntag , 07.04