

Montag , 22.01

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 23.01

18:00 - 18:55

Pilates
Claudia

19:30 - 20:25

Pump
Nicole

Mittwoch , 24.01

09:15 - 10:10

TRX
Marc

18:50 - 19:45

Sypoba
Beat

Donnerstag , 25.01

09:05 - 10:00

Pilates
Silvana

10:10 - 11:05

Pilates
Silvana

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 26.01

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

18:30 - 19:25

Pump
Nicole

Samstag , 27.01

Sonntag , 28.01