

Montag , 08.01

09:05 - 10:00 <i>Pilates</i> Cordelia	10:10 - 11:05 <i>Pilates</i> Cordelia	18:00 - 18:55 <i>TRX</i> Marc	20:05 - 21:00 <i>TRX</i> Marc
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Dienstag , 09.01

18:00 - 18:55 <i>Pilates</i> Claudia	19:30 - 20:25 <i>Pump</i> Nicole
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Mittwoch , 10.01

09:15 - 10:10 <i>TRX</i> Marc	18:50 - 19:45 <i>Sypoba</i> Beat
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Donnerstag , 11.01

09:05 - 10:00 <i>Pilates</i> Silvana	10:10 - 11:05 <i>Pilates</i> Silvana	18:40 - 19:35 <i>TRX</i> Adam	19:50 - 20:45 <i>TRX</i> Adam
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Freitag , 12.01

09:15 - 10:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Andrea	18:30 - 19:25 <i>Pump</i> Nicole
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Samstag , 13.01

Sonntag , 14.01