

**Montag , 06.11**

**09:05 - 10:00**

*Pilates*  
Cordelia

**10:10 - 11:05**

*Pilates*  
Cordelia

**18:00 - 18:55**

*TRX*  
Marc

**20:05 - 21:00**

*TRX*  
Marc

**Dienstag , 07.11**

**18:00 - 18:55**

*Pilates*  
Claudia

**19:30 - 20:25**

*Pump*  
Nicole

**Mittwoch , 08.11**

**09:15 - 10:10**

*TRX*  
Marc

**18:50 - 19:45**

*Sypoba*  
Ilona

**Donnerstag , 09.11**

**09:05 - 10:00**

*Pilates*  
Silvana

**10:10 - 11:05**

*Pilates*  
Silvana

**18:40 - 19:35**

*TRX*  
Adam

**19:50 - 20:45**

*TRX*  
Adam

**Freitag , 10.11**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Andrea

**18:30 - 19:25**

*Pump*  
Nicole

**Samstag , 11.11**

**Sonntag , 12.11**