

Lundi , 19.08

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Carlos

18:15 - 19:00

Core Training
Carlos

Mardi , 20.08

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Carlos

19:15 - 20:10

Zumba
Jeanne-Fleur

Mercredi , 21.08

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Jeudi , 22.08

Vendredi , 23.08

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samedi , 24.08

Dimanche , 25.08

09:30 - 10:15

Pump
Team