

Lundi , 29.07

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Carlos

18:15 - 19:00

Core Training
Carlos

Mardi , 30.07

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

Mercredi , 31.07

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Jeudi , 01.08

Vendredi , 02.08

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samedi , 03.08

Dimanche , 04.08