

Lundi , 15.07

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Carlos

18:15 - 19:00

Core Training
Carlos

Mardi , 16.07

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Carlos

19:15 - 20:10

Zumba
Jeanne-Fleur

Mercredi , 17.07

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Jeudi , 18.07

Vendredi , 19.07

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samedi , 20.07

Dimanche , 21.07

09:30 - 10:15

Pump
Jordane