

Lundi , 08.07

**09:00 - 09:45**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jordane

**18:15 - 19:00**

*Core Training*  
Carlos

Mardi , 09.07

**09:00 - 09:55**

*Yoga*  
Natalia

**18:15 - 19:10**

*Pump*  
Coralie

**19:15 - 20:10**

*Zumba*  
Jeanne-Fleur

Mercredi , 10.07

**09:00 - 09:55**

*Pilates*  
Natalia

**18:15 - 19:10**

*Urban Dance*  
Florence

**19:15 - 20:10**

*Cycling*  
Carlos

Jeudi , 11.07

Vendredi , 12.07

**09:00 - 09:55**

*Yoga*  
Natalia

**18:00 - 18:45**

*Pump*  
Carlos

Samedi , 13.07

Dimanche , 14.07