

Lundi , 20.05

Mardi , 21.05

09:00 - 09:55 Yoga Natalia	12:00 - 12:50 Cycling Luigia	18:15 - 19:10 Pump Coralie	19:15 - 20:10 Zumba Jeanne-Fleur
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Mercredi , 22.05

09:00 - 09:55 Pilates Natalia	12:00 - 12:45 BBP (Bauch, Beine, Po) / Bodytone Carlos	18:15 - 19:10 Urban Dance Florence	19:15 - 20:10 Cycling Carlos
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Jeudi , 23.05

09:00 - 09:55 Full Body Workout Carlos	12:00 - 12:45 Step'n Tone Svetlana	18:15 - 19:10 Interval Training Jordane
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Vendredi , 24.05

09:00 - 09:55 Yoga Natalia	12:00 - 12:55 TRX Carlos	18:00 - 18:45 Pump Carlos
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Samedi , 25.05

Dimanche , 26.05

09:30 - 10:15 Pump Jordane
