

Lundi , 14.04

18:30 - 19:00

Total Body
Team

Mardi , 15.04

09:00 - 09:30

Abdos
Team

Mercredi , 16.04

18:30 - 19:00

Cardio
Team

Jeudi , 17.04

18:30 - 19:00

Total Body
Team

Vendredi , 18.04

09:00 - 09:30

Abdos
Team

18:30 - 19:00

Abdos
Team

Samedi , 19.04

Dimanche , 20.04