

**Lundi , 29.07**

**08:30 - 09:25**

*Yoga*  
Dinah

**09:45 - 10:40**

*Pilates*  
Monika

**18:20 - 19:15**

*Pump*  
Marlis

**19:30 - 20:25**

*Pilates*  
Daniela

**Mardi , 30.07**

**09:10 - 10:05**

*MC (Mental Centering)*  
Daniela

**Mercredi , 31.07**

**08:00 - 08:55**

*Pilates*  
Monika

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Monika

**Jeudi , 01.08**

**Vendredi , 02.08**

**09:00 - 09:55**

*Pump*  
Ajla

**10:05 - 11:00**

*Yoga*  
Liliya

**Samedi , 03.08**

**Dimanche , 04.08**