

Lundi , 10.07

08:30 - 09:25 <i>Pilates</i> Katalin	09:45 - 10:40 <i>Pilates</i> Monika	18:20 - 19:15 <i>Pump</i> Marlis	19:30 - 20:25 <i>Yoga</i> Seraina
---	--	---	--

Mardi , 11.07

09:10 - 10:05 <i>MC (Mental Centering)</i> Matthias	18:10 - 18:40 <i>P.I.I.T</i> Janina	18:50 - 19:45 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata
--	--	--

Mercredi , 12.07

08:00 - 08:55 <i>Pilates</i> Monika	09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Monika	18:50 - 19:45 <i>Dance Aerobic / Dance Mix</i> Patrick Juvet	20:00 - 20:55 <i>Yoga</i> Silvana
--	--	---	--

Jeudi , 13.07

08:30 - 09:25 <i>Rückengymnastik</i> Vicky	09:35 - 10:30 <i>Pump</i> Adriana
---	--

Vendredi , 14.07

09:00 - 09:55 <i>Pump</i> Vicky	10:05 - 11:00 <i>Yoga</i> Michaela
--	---

Samedi , 15.07

Dimanche , 16.07