

**Lundi , 04.07**

<b>08:30 - 09:25</b> Yoga Lisa	<b>09:45 - 10:40</b> Pilates Monika	<b>18:20 - 19:15</b> Pump Marlis	<b>19:30 - 20:25</b> Yoga Seraina
--------------------------------------	---	--	---

**Mardi , 05.07**

<b>09:10 - 10:05</b> MC (Mental Centering) Matthias	<b>18:10 - 18:40</b> P.I.I.T Janina	<b>18:50 - 19:45</b> BBP (Bauch, Beine, Po) / Bodytone Renata
---	---	--

**Mercredi , 06.07**

<b>08:00 - 08:55</b> Pilates Monika	<b>09:00 - 09:55</b> BBP (Bauch, Beine, Po) / Bodytone Monika	<b>18:50 - 19:45</b> Dance Aerobic / Dance Mix Monika	<b>20:00 - 20:55</b> Yoga Silvana
---	--	--	---

**Jeudi , 07.07**

<b>08:30 - 09:25</b> Rückengymnastik Lisa
---

**Vendredi , 08.07**

<b>09:00 - 09:55</b> Pump Sarah	<b>10:10 - 11:05</b> Dance Aerobic / Dance Mix Monika
---------------------------------------	---

**Samedi , 09.07**

**Dimanche , 10.07**