

Lundi , 31.03

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 01.04

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 02.04

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Power Yoga
Yinny

Jeudi , 03.04

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 04.04

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

Samedi , 05.04

Dimanche , 06.04

10:00 - 10:55

Functional Workout
Nicole