

Lundi , 25.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 26.11

18:00 - 18:25

Functional Workout
Janine

18:30 - 19:25

TRX
Janine

Mercredi , 27.11

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Power Yoga
Yinny

Jeudi , 28.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Aurora

Vendredi , 29.11

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

Samedi , 30.11

Dimanche , 01.12

10:00 - 10:55

TRX
Janine