

### Lundi , 11.11

#### 18:00 - 18:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

#### 19:10 - 20:05

*Zumba*  
Karin

### Mardi , 12.11

#### 18:00 - 18:25

*Functional Workout*  
Marina

#### 18:30 - 19:25

*TRX*  
Marina

### Mercredi , 13.11

#### 17:30 - 18:25

*Fighttime 55'*  
Jeniffer

#### 18:30 - 19:25

*Power Yoga*  
Yinny

### Jeudi , 14.11

#### 18:00 - 18:55

*TRX*  
Janine

#### 19:10 - 20:05

*Zumba*  
Karin

### Vendredi , 15.11

#### 09:00 - 09:55

*Power Yoga*  
Yinny

#### 10:00 - 10:25

*Simply Core*  
Yinny

### Samedi , 16.11

### Dimanche , 17.11

#### 10:00 - 10:55

*Functional Workout*  
Cynthia