

Lundi , 04.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 05.11

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 06.11

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Power Yoga
Yinny

Jeudi , 07.11

18:00 - 18:55

TRX
Marina

19:10 - 20:05

Zumba
Karin

Vendredi , 08.11

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

Samedi , 09.11

Dimanche , 10.11

10:00 - 10:55

Upcon
Nicole