

Lundi , 21.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Mardi , 22.10

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 23.10

17:50 - 18:45

Power Yoga
Yinny

Jeudi , 24.10

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Vendredi , 25.10

09:00 - 09:55

Power Yoga
Yinny

Samedi , 26.10

Dimanche , 27.10

10:00 - 10:55

Functional Workout
Marina