

Lundi , 07.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Lorena

Mardi , 08.10

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mercredi , 09.10

17:50 - 18:45

Power Yoga
Yinny

Jeudi , 10.10

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Lorena

Vendredi , 11.10

09:00 - 09:55

Power Yoga
Yinny

Samedi , 12.10

Dimanche , 13.10

10:00 - 10:55

TRX
Marina