

**Lundi , 05.08**

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

**19:10 - 20:05**

*Zumba*  
Karin

**Mardi , 06.08**

**18:00 - 18:25**

*Functional Workout*  
Janine

**18:30 - 19:25**

*TRX*  
Janine

**Mercredi , 07.08**

**17:50 - 18:45**

*Pilates*  
Roland

**Jeudi , 08.08**

**18:00 - 18:55**

*TRX*  
Janine

**19:10 - 20:05**

*Zumba*  
Karin

**Vendredi , 09.08**

**Samedi , 10.08**

**Dimanche , 11.08**

**10:00 - 10:55**

*Functional Workout*  
Marina